



Living with Anxiety Support Group



Location: Slate Hill Mennonite Church

Date: 2nd Monday each month

Time: 7 to 8 PM

This group is sponsored by the Wellness Outreach Committee at Slate Hill Mennonite Church and is open to anyone who deals or has dealt with anxiety. Childcare provided.



**1352 Slate Hill Road,
Camp Hill, Pa 17011**

Phone: 717-737-8150

www.slatehillmennonite.org

Purpose of this group:

To provide a gathering place for persons who share the common experience of living with anxiety. The intent of the group is to reframe anxiety from the Christian perspective. This is not group therapy.

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